



Central Maine Fire Attack School

Fall 2018
Weekend Training Program
October 13 & 14

PO Box 143, Waterville ME 04903-0143
www.cmfas.com (207)238-9229 Fax: (207)238-9229

Registration - \$175 - Two Day Courses

A separate registration form must be completed by each applicant, and signed by your department Chief. Registration deadline is September 21. Mail completed registration forms to: CMFAS, PO Box 143, Waterville, ME 04903-0143. You can also attach them and email to dlieberman@waterville-me.gov.

The School may not be able to accommodate course changes, cancellations or refunds after September 21. Students not attending a confirmed course will be charged the regular fee. If necessary, the School may cancel courses and place students in their alternate course choice. If no student choice is available, refunds will be issued.

Students must be 18 years of age. Please note any prerequisites and equipment requirements for your selected course. *PPE means full protection equipment. *SCBA means airpack and spare cylinder that meets standards, and student has met state respiratory protection requirements, including medical exam and fit test. No beards are permitted in courses requiring SCBA.

Meals & Lodging

Lunch is included in the program fee for both days. Other meals and overnight accommodations are the responsibility of the student, with the exception of the free BBQ on Saturday.

Apparatus Incentive

If your department is able to provide apparatus, the driver will be paid \$80 per day of use, and the truck will be refueled. Please call Cleveland Brown at 314-1876 about apparatus.

FREE BBQ SATURDAY AFTERNOON

4pm – 6pm

Join our Staff and fellow Students from around the state for a hearty and social meal of burgers and hotdogs.

1 > Jones & Bartlett Block 1: General Knowledge
Orientation, Communications, IMS, Fire Behavior. Includes Traffic Safety Class. Book required.

2 > S.C.B.A.-Standardized Confidence in Breathing Apparatus
Advanced skills are mastering the basics. This course is intended for firefighters wanting to become masters of breathing apparatus and become more confident in its use. You will not get this class during any fire academy. This is an intense fast paced, hands on course designed to challenge new and seasoned firefighters alike. During this hands-on class all students will become more proficient with donning, removing, and troubleshooting SCBA during tactical drills and smokehouse operations. Firefighters should be in good health and medically cleared by their department. PPE, SCBA.

3 > RIT
When things go bad fast for an interior working crew, their best bet is a trained RIT team waiting outside to help them. This class will give firefighters an inside look at some of the new, and classic, techniques of rescuing a downed firefighter. It will also be an intense two-day hands-on experience that will hopefully fill the firefighter's toolbox with ideas that can be used in an emergency. NFPA compliant PPE, SCBA.

4 > Firefighter Self-Rescue
If conditions suddenly deteriorate inside a building, are you prepared to get yourself out of an upper floor? If you get separated from your crew, do you know how to save yourself? Prepared to breach a wall, or disentangle yourself from wires or a mattress spring? Are you carrying the right equipment? Are you confident in your ability to bail out of a window onto a ladder or rope under extreme fire conditions? This program will teach lifesaving techniques to get you out of those unplanned situations. Topics discussed and practiced are SCBA low profile maneuver, wall breaching, disentanglement, and emergency exit techniques using both ladders and escape ropes. PPE, SCBA and NFPA compliant helmet w/chin strap required. This is a hands-on class, not for beginners, participation is expected.

5 > Pumps I
Principles of hydraulics and basic operation of fire department pumpers. This training limits pumping capacity to 500 gpi for safety reasons. Drills include: positioning apparatus, pumping from tank, hydrants, draft, and using pressure control devices. Classroom & practical exercises. PPE.

6 > Emergency Vehicle Operators Course (EVOC)
The principles of safe emergency response. Subjects covered include: firefighter injury/fatality data, liability protection, vehicle dynamics, inspection, and maintenance. Practical driving competency course maneuver exercises.

7 > Ropes I
Intense hands-on course will introduce students to high and low angle rescues. Evolutions are spent reviewing basic mechanical advantage systems, anchors, belays, self-rescue, patient packaging and rescues from heights. Students will need clean leather/rope gloves, boots, long pants and a helmet

8 > Advanced Auto Extrication
An intensive hands-on course that will consist of stabilization, disentanglement and extrication of patients from vehicles on their roofs, sides, under-ride and over-ride evolutions, tunneling, heavy lifting and stabilization covering multiple advanced scenarios utilizing various specialized rescue tools. Techniques in Stabilization Rigging, Lifting and Extrication will be covered. Evolutions are intended to challenge rescue skills in complex scenarios. Note: this is an advanced-level course; participants should have a basic extrication class prior to attending. PPE required.

9 > Incident Safety Officer (ISO) (This course is \$40)
Examines the Incident Safety Officer's role within a command structure at emergency response situations. Participants will be able to identify and analyze incident scene safety concerns and communicate recommended solutions to the command authority. (Because this is an NFA class, subsidized by MFTI the cost is reduced to \$40).

10 > Structure Fire and Explosion Investigation
Fire and explosion investigation; origin and cause. Firefight responsibilities at those events. Class will field trip to conduct an observation and examination of a previous investigated structure fire. Safety equipment to be inside a fire scene is mandatory!

11 > Fire Inspections & Code Enforcement
This two day class presented by the Maine Fire Marshal's Office will provide an introduction into the field of fire and life safety codes through classroom presentation and case studies. Topics covered on day one include means of egress requirements, fire sprinklers, commercial cooking fire protection, and case studies of inspection deficiencies in apartment occupancies.

12 > Commanding Initial Fire Attack
Using simulations, fire officers and senior firefighters apply the techniques of size-up, initial reports, identifying fire conditions upon arrival, predicting fire travel, conducting a risk/benefit analysis, closing operational modes, assigning initial fire control companies, and resource evaluation. Program will focus on: 1) Pre-incident preparation: command coaching, crew resource management, fire service changes, operational leadership, strategy & tactics, NIMS/ICS/fire ground command, 2) Commanding the initial fire attack: initial arrival reports, apparatus placement, size-up/8 fire ground factors/RECEO, risk/benefit analysis, predicting fire travel/reading smoke, operational modes, incident priorities, making operational assignments, evaluation of resources, and incident termination.

We are planning to offer a Jones & Bartlett Firefighter I Program in the future.

CMFAS logo T-shirts in a variety of colors will be available for \$15 each.

POINTS OF INTEREST

- > Registration
- > Meals & Lodging
- > Apparatus Incentive
- > Free BBQ
- > Course Offerings
- > Registration Form

Training is held at

Winslow High
School

Danielson Street

Winslow Maine

