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# Central Maine Fire Attack School

Fall 2017  
Weekend Training Program  
October 14<sup>th</sup> & 15<sup>th</sup>

PO Box 143, Waterville ME 04903-0143  
www.cmfas.com (207)238-9229 Fax: (207)238-9229

## Registration • \$150 • Two Day Courses

A separate registration form must be completed by each applicant, and signed by your department Chief. Registrations must be accompanied by any required prerequisite documentation (including proof of fit-testing for all courses requiring SCBA). Registration deadline is September 22. Mail completed registration forms to: CMFAS, PO Box 143, Waterville, ME 04903-0143. You can also attach them and email to [dlieberman@waterville-me.gov](mailto:dlieberman@waterville-me.gov).

The School may not be able to accommodate course changes, cancellations or refunds after September 22. Students not attending a confirmed course will be charged the regular fee. If necessary, the School may cancel courses and place students in their alternate course choice. If no student choice is available, refunds will be issued. Many courses have limited enrollment, so it is strongly recommended that registrations are submitted early, and second and third choices indicated. If you have questions, or have not received a confirmation letter by October 6, please call (207)238-9229.

Students must be 18 years of age. Please note any prerequisites and equipment requirements for your selected course. \*PPE means full protection equipment. \*SCBA means airpack and spare cylinder that meets standards, and student has met state respiratory protection requirements, including medical exam and fit test. No beards are permitted in courses requiring SCBA.

## Meals & Lodging

Lunch is included in the program fee for both days. Other meals and overnight accommodations are the responsibility of the student, with the exception of the free BBQ on Saturday.

## Apparatus Incentive

If your department is able to provide apparatus, the driver will be paid \$80 per day of use, and the truck will be refueled. Please call Cleveland Brown at 314-1876 about apparatus.

### POINTS OF INTEREST

- ▶ Registration
- ▶ Meals & Lodging
- ▶ Apparatus Incentive
- ▶ Course Offerings
- ▶ Registration Form

Training is held at

Winslow High

School

Danielson Street

Winslow Maine

### 1 ▶ Jones & Bartlett Block 1: General Knowledge

Orientation, Communications, IMS, Fire Behavior. Includes Traffic Safety Class. Book required.

### 2 ▶ Jones & Bartlett Block 2: Response

Firefighter Safety, Size-Up, Rehab. Book, PPE, SCBA required.

### 3 ▶ S.C.B.A.-Standardized Confidence in Breathing Apparatus

Advanced skills are mastering the basics. This course is intended for firefighters wanting to become masters of breathing apparatus and become more confident in its use. You will not get this class during any fire academy. This is an intense fast paced, hands on course designed to challenge new and seasoned firefighters alike. During this hands-on class all students will become more proficient with donning, removing, and troubleshooting SCBA during tactical drills and smokehouse operations. Firefighters should be in good health and medically cleared by their department. PPE, SCBA.

### 4 ▶ RIT

When things go bad fast for an interior working crew, their best bet is a trained RIT team waiting outside to help them. This class will give firefighters an inside look at some of the new, and classic, techniques of rescuing a downed firefighter. It will also be an intense two-day hands-on experience that will hopefully fill the firefighter's toolbox with ideas that can be used in an emergency. NFPA compliant PPE, SCBA.

### 5 ▶ Firefighter Self-Rescue

If conditions suddenly deteriorate inside a building, are you prepared to get yourself out of an upper floor? If you get separated from your crew, do you know how to save yourself? Prepared to breach a wall, or disentangle yourself from wires or a mattress spring? Are you carrying the right equipment? Are you confident in your ability to bail out of a window onto a ladder or rope under extreme fire conditions? This will teach lifesaving techniques to get out of those unplanned situations. Topics covered: SCBA low profile maneuver, wall breaching, disentanglement, and emergency exits using ladders and escape ropes. PPE, SCBA and NFPA compliant helmet w/chin strap required. This is a hands-on class, not for beginners, participation is expected.

### 6 ▶ Pumps I

Principles of hydraulics and basic operation of fire department pumps. This training limits pumping capacity to 500 gpi for safety reasons. Drills include: positioning apparatus, pumping from tank, hydrants, draft, and using pressure control devices. Classroom & practical exercises. PPE.

### 7 ▶ Emergency Vehicle Operators Course (EVOC)

The principles of safe emergency response. Subjects covered include: firefighter injury/fatality data, liability protection, vehicle dynamics, inspection, and maintenance. Practical driving competency course maneuver exercises.

### 8 ▶ Advanced Auto Extrication (Limit 25 students)

An intensive hands-on course that will consist of stabilization, disentanglement and extrication of patients from vehicles on their roofs, sides, under-ride and over-ride evolutions, tunneling, heavy lifting and stabilization covering multiple advanced scenarios utilizing various specialized rescue tools. Techniques in Stabilization Rigging, Lifting and Extrication will be covered. Evolutions are intended to challenge rescue skills in complex scenarios. Note: this is an advanced-level course; participants should have a basic extrication class prior to attending. PPE required.

### 9 ▶ Rope Rescue

Intense hands-on course will introduce students to high and low angle rescues. Evolutions are spent reviewing basic mechanical advantage systems, anchors, belays, self-rescue, patient packaging and rescues from heights. Students will need clean leather/rope gloves, boots, long pants and a helmet.

### 10 ▶ Incident Safety Officer (ISO) (This course is \$40)

Examines the Incident Safety Officer's role within a command structure at emergency response situations. Participants will be able to identify and analyze incident scene safety concerns and communicate recommended solutions to the command authority. (Because this is an NFA class, subsidized by MFTI the cost is reduced to \$40).

### 11 ▶ Firefighter Responsibilities/Safety Concerns for Illegal Drug Labs and Arson/Explosion Events

Recognize as first responders the indicators of an intentionally set fire; illegal drug laboratory, inclusive of methamphetamine labs; and explosion. This class will instruct on scene security; evidence observation and preservation; safety of the firefighter; observations, actions, and responsibility at the scene; firefighter response to fatal incidents involving fire and/or explosion. Course overview: Fire Behavior; Critical observations of the firefighter; Fire causes; and working with the Office of Maine State Fire Marshal to determine the origin and cause of the incident. FIELD TRIP: At the conclusion of the training; the class will go to a recent fire scene and practice the learned knowledge. SAFETY EQUIPMENT to be inside a fire scene is MANDATORY!

### 12 ▶ Fire Inspections & Code Enforcement

This two day class presented by the Maine Fire Marshal's Office will provide an introduction into the field of fire and life safety codes through classroom presentation and case studies. Topics that will be covered on day one include means of egress requirements, fire sprinklers, commercial cooking fire protection, and case studies of inspection deficiencies in apartment occupancies.

### 13 ▶ Commanding Initial Fire Attack

Using simulations, fire officers and senior firefighters apply the techniques of size-up, initial reports, identifying fire conditions upon arrival, predicting fire travel, conducting a risk/benefit analysis, closing operational modes, assigning initial fire control companies, and resource evaluation. Program will focus on: 1) Pre-incident preparation: command coaching, crew resource management, fire service changes, operational leadership, strategy & tactics, NIMS/ICS/fire ground command, 2) Commanding the initial fire attack: initial arrival reports, apparatus placement, size-up/8 fire ground factors/RECEO, risk/benefit analysis, predicting fire travel/reading smoke, operational modes, incident priorities, making operational assignments, evaluation of resources, and incident termination.

FREE BBQ SATURDAY AFTERNOON

4pm – 6pm

Join our Staff and fellow Students from around the state for a hearty and social meal of burgers and hotdogs.

